Clinical Guidelines Bulletin

January 2019

Latest OUH Policies and Procedures

January 2020
Management of Polymer Gel SOP
December 2019
Duty of Candour Policy
Consent to Examination or Treatment Policy
Water Cooler and Ice Machines Procedure
November 2019
Hand Hygiene Policy

LocSSIPs:
• None

Find more policies here: http://ouh.oxnet.nhs.uk/Pages/Recently%20Approved%20Policies.aspx and http://ouh.oxnet.nhs.uk/NatSSIPs/Pages/LocSSIPExamples.aspx

Clinical Guidelines

This bulletin collates guidance published in January 2020 by the National Institute for Health and Care Excellence (NICE), other bodies that oversee, support and deliver health and social care in England, the Royal Colleges and national societies. Guidelines or guideline commentaries recently published as journal articles, where an author is affiliated to a UK/NHS organisation, are also included. These are presented to assist in the aim of continuously improving the quality of care and outcomes for patients; and are arranged broadly by specialty. Click the specialty name to go directly to that section.

General
Anaesthetics
Audiology
Cardiology
Community Healthcare
Dentistry
Dermatology
Diabetes
Endocrinology
ENT
Gastroenterology
General Surgery
Haematology
Hepatology
Immunology

Neurology
Obstetrics and Gynaecology
Occupational Therapy
Oncology
Ophthalmology
Paediatrics
Palliative medicine
Pathology
Pharmacology
Physiotherapy
Psychiatry
Radiology
Respiratory Medicine
Rheumatology
Speech and Language Therapy
General

National guidelines [produced by the Institute of Medical Illustrators] and your continuing professional development.
https://dx.doi.org/10.1080/17453054.2020.1712997

*Synthesis without meta-analysis (SWiM) in systematic reviews: reporting guideline.*
Campbell, Mhairi. *BMJ (Clinical research ed.),* January 16, 2020, 368:i6890
https://dx.doi.org/10.1136/bmj.l6890

*Using PETTLEP imagery as a simulation technique in nursing: Research and guidelines.*
Wakefield, Caroline J. *Nurse education in practice,* January 21, 2020, 43:102700
https://dx.doi.org/10.1016/j.nepr.2020.102700

Anaesthetics

*Guidelines on suicide amongst anaesthetists 2019.*
Shinde, S. *Anaesthesia,* January 2020, 75(1):96-108
https://dx.doi.org/10.1111/anae.14890

*Two hours too long: time to review fasting guidelines for clear fluids.*
Morrison, Christa E. *British journal of anaesthesia,* January 17, 2020,
https://dx.doi.org/10.1016/j.bja.2019.11.036

Audiology

*NICE Guidance - Shared learning case study*
*NICE glue ear care pathway delivered with a free, award winning application (App) called Hear Glue Ear*
Cambridgeshire Community Services NHS Trust
Relates to:
CG60 Otitis media with effusion in under 12s: surgery

Cardiology

*Cardiovascular prevention: Frontiers in lipid guidelines.*
https://dx.doi.org/10.7861/clinmed.cme.20.1.2

*The development of a theory informed behaviour change intervention to improve adherence to dietary and physical activity treatment guidelines in individuals with familial hypercholesterolaemia (FH).*
Kinnear, F J. *BMC health services research,* January 8, 2020, 20(1):27
https://dx.doi.org/10.1186/s12913-019-4869-4

*Evaluating the extent of patient-centred care in a selection of ESC guidelines.*
Intolerance to aspirin in patients undergoing percutaneous coronary intervention in the setting of chronic coronary syndromes: perspectives from the ESC 2019 Chronic Coronary Syndromes guidelines.
https://dx.doi.org/10.1093/ehjcco/qcz025

What is the impact of the latest ACC/AHA and ESC/ESH guidelines on the management of hypertension in the UK?
https://dx.doi.org/10.1080/14656566.2019.1707183

Community Healthcare

**NICE Guidelines**
- Indoor air quality at home (NG149)
- Supporting adult carers (NG150)

**NICE Guidance - Shared learning case studies**
- A Community Audit: The effects of school and local environments on childhood obesity rates in the Borough of Rushmoor (Rushmoor Borough Council)
  Relates to:
  - QS148 Community engagement: improving health and wellbeing
  - QS183 Physical activity: encouraging activity in the community

- Healthy Knee Education Group
  Central London Community Health (CLCH) NHS Trust
  Relates to:
  - CG177 Osteoarthritis: care and management

- Implementing Clinical Support for Informal Carers
  Sussex Community NHS Foundation Trust
  Relates to:
  - NG150 Supporting adult carers

- South East London Community Neuro Rehabilitation Evaluation
  Guy's and St Thomas' NHS Foundation Trust
  Relates to:
  - QS74 Traumatic brain injury

Dentistry

**Existing guidelines are not being followed.**
https://dx.doi.org/10.1038/s41415-019-1169-7

**Guidelines and template for reporting on CBCT scans.**
https://dx.doi.org/10.1038/s41415-019-1115-8

**Real-time chemical analysis of root filling materials with heating: guidelines for safe temperature levels.**
Atmeh, A R. *International endodontic journal*, January 18, 2020,
https://dx.doi.org/10.1111/iej.13269
## Dermatology

https://dx.doi.org/10.1111/jdv.16044

## Dietetics

**NICE Guidance - Shared learning case study**  
An improvement programme using NICE CG32 to improve the quality of dietetic care for adults with disease-related malnutrition  
Birmingham Community Healthcare NHS Foundation Trust  
Relates to:  
CG32 Nutrition support for adults: oral nutrition support, enteral tube feeding and parenteral nutrition

**Guidelines or guideline commentaries published in journals**  
The development of a theory informed behaviour change intervention to improve adherence to dietary and physical activity treatment guidelines in individuals with familial hypercholesterolaemia (FH).  
Kinnear, F J. *BMC health services research, January 8, 2020, 20(1):27  
https://dx.doi.org/10.1186/s12913-019-4869-4

ESPEN guideline on clinical nutrition in acute and chronic pancreatitis.  
Arvanitakis, Marianna. *Clinical nutrition (Edinburgh, Scotland), January 22, 2020,  
https://dx.doi.org/10.1016/j.clnu.2020.01.004

ESPEN practical guideline: Clinical Nutrition in inflammatory bowel disease.  
Bischoff, Stephan C. *Clinical nutrition (Edinburgh, Scotland), January 13, 2020,  
https://dx.doi.org/10.1016/j.clnu.2019.11.002

OBEDIS Core Variables Project: European Expert Guidelines on a Minimal Core Set of Variables to Include in Randomized, Controlled Clinical Trials of Obesity Interventions.  
Alligier, Maud. *Obesity facts, January 16, 2020, 1-28  
https://dx.doi.org/10.1159/000505342

## Endocrinology

**NICE Guidance - Shared learning case study**  
Ambulatory Acute Foot Service - Royal Free London NHS FT  
Royal Free London  
Relates to:  
NG19 Diabetic foot problems: prevention and management

**British Society for Paediatric Endocrinology and Diabetes (BSPED)**  
BSPED interim guideline for the management of children and young people under the age of 18 years with diabetic ketoacidosis  

**Guidelines or guideline commentaries published in journals**
Clinical guidelines for type 1 diabetes mellitus with an emphasis on older adults: an Executive Summary.
https://dx.doi.org/10.1111/dme.14135

Guidelines of the international writing group on the diabetic foot on diagnosis.
Hinchliffe, Robert J. Diabetes/metabolism research and reviews, January 20, 2020, :e3276
https://dx.doi.org/10.1002/dmrr.3276

Bus, S A. Diabetes/metabolism research and reviews, January 9, 2020, :e3267
https://dx.doi.org/10.1002/dmrr.3267

Thyroid disease assessment and management: summary of NICE guidance.
Vasileiou, Melina. BMJ (Clinical research ed.), January 29, 2020, 368:m41
https://dx.doi.org/10.1136/bmj.m41

ENT

NICE Guidance - Shared learning case study
NICE glue ear care pathway delivered with a free, award winning application (App) called Hear Glue Ear
Cambridgeshire Community Services NHS Trust
Relates to:
CG60 Otitis media with effusion in under 12s: surgery

Gastroenterology

Perforated and bleeding peptic ulcer: WSES guidelines.
https://dx.doi.org/10.1186/s13017-019-0283-9

Practical guidelines on endoscopic treatment for Crohn’s disease strictures: a consensus statement from the Global Interventional Inflammatory Bowel Disease Group.
Shen, Bo. The lancet. Gastroenterology & hepatology, January 16, 2020,
https://dx.doi.org/10.1016/S2468-1253(19)30366-8

Real-life cost savings and capacity improvements on implementation of the new BSG post-polypectomy surveillance guideline.
https://dx.doi.org/10.7861/clinmed.2019-0401

General Surgery

NICE Interventional Procedures Guidance
Reducing the risk of transmission of Creutzfeldt–Jakob disease (CJD) from surgical instruments used for interventional procedures on high-risk tissues [IPG666]

Haematology

NICE Technology Appraisal Guidance
Lusutrombopag for treating thrombocytopenia in people with chronic liver disease needing a planned invasive
Guidelines or guideline commentaries published in journals


NICE Technology Appraisal Guidance
Lusutrombopag for treating thrombocytopenia in people with chronic liver disease needing a planned invasive procedure (TA617)

Immunology

NICE Quality Standard
Flu vaccination: increasing uptake (QS190)

Infectious diseases

Public Health England
Avian influenza: guidance for managing human cases

GOV UK
Wuhan novel coronavirus (WN-CoV)

Guidelines or guideline commentaries published in journals
2018 UK national guideline for the management of infection with Neisseria gonorrhoeae.
https://dx.doi.org/10.1177/0956462419886775

Adherence to the 2012 European gonorrhoea guideline in the WHO European Region according to the 2018-19 International Union against Sexually Transmitted Infections European Collaborative Clinical Group gonorrhoea survey.
https://dx.doi.org/10.1177/0956462419879278

Corrigendum to: A Systematic Review of Clinical Practice Guidelines for the Diagnosis and Management of Bronchiolitis.
Kirolos, Amir. The Journal of infectious diseases, January 9, 2020,
https://dx.doi.org/10.1093/infdis/jiz600

Prevention and control of cholera with household and community water, sanitation and hygiene (WASH) interventions: A scoping review of current international guidelines.
https://dx.doi.org/10.1371/journal.pone.0226549

Microbiology and Virology

GOV UK
Wuhan novel coronavirus (WN-CoV)

Midwifery
https://dx.doi.org/10.1186/s12884-019-2706-8

**Neurology**

**NICE Quality Standard**
*Cerebral palsy in adults* (QS191)

**NICE Guidance - Shared learning case studies**
*Cerebral Palsy Integrated Pathway - an interprofessional approach* [to prevent and reduce hip dislocation and musculoskeletal deformities in children with cerebral palsy]
Dorset County Hospital Foundation Trust
NG62 Cerebral palsy in under 25s: assessment and management
CG145 Spasticity in under 19s: management

**South East London Community Neuro Rehabilitation Evaluation**
Guy's and St Thomas' NHS Foundation Trust
Relates to:
QS74 Traumatic brain injury

**Guidelines or guideline commentaries published in journals**
*Addressing variability in iPSC-derived models of human disease: guidelines to promote reproducibility.*
Volpato, Viola. *Disease models & mechanisms*, January 17, 2020, 13(1)
https://dx.doi.org/10.1242/dmm.042317

*EANO guideline on the diagnosis and treatment of vestibular schwannoma.*
https://dx.doi.org/10.1093/neuonc/noz153

**Obstetrics and Gynaecology**

**NICE Interventional Procedures Guidance**
*Fetoscopic prenatal repair for open neural tube defects in the fetus* (IPG667)
*Open prenatal repair for open neural tube defects in the fetus* (IPG668)

**Guidelines or guideline commentaries published in journals**
*Anti-D prophylaxis for rhesus D (RhD)-negative women having an abortion of a pregnancy up to 13+6 weeks' gestation: a systematic review and new NICE consensus guidelines.*
Schmidt-Hansen, Mia. *BMJ sexual & reproductive health*, January 20, 2020,
https://dx.doi.org/10.1136/bmjsrh-2019-200536

*What is the best method for managing early miscarriage?*
Chu, Justin. *BMJ (Clinical research ed.)*, January 20, 2020, 368:l6438
https://dx.doi.org/10.1136/bmj.l6438

**Occupational Therapy**
Oncology

NICE Guideline
Colorectal cancer (NG151)

NICE Technology Appraisal Guidance
Atezolizumab with carboplatin and nab-paclitaxel for untreated advanced non-squamous non-small-cell lung cancer (terminated appraisal) (TA618)
Olaparib for maintenance treatment of relapsed platinum-sensitive ovarian, fallopian tube or peritoneal cancer (TA620)
Osimertinib for untreated EGFR mutation-positive non-small-cell lung cancer (TA621)
Palbociclib with fulvestrant for treating hormone receptor-positive, HER2-negative, advanced breast cancer (TA619)

Guidelines or guideline commentaries published in journals
Correction: Standardisation and consensus guidelines for minimal residual disease assessment in Philadelphia-positive acute lymphoblastic leukemia (Ph+ALL) by real-time quantitative reverse transcriptase PCR of e1a2 BCR-ABL1.
Pfeifer, H. Leukemia, January 14, 2020,
https://dx.doi.org/10.1038/s41375-020-0707-2

EANO guideline on the diagnosis and treatment of vestibular schwannoma.
https://dx.doi.org/10.1093/neuonc/noz153

Allison, Kimberly H. Archives of pathology & laboratory medicine, January 13, 2020,
https://dx.doi.org/10.5858/arpa.2019-0904-SA

https://dx.doi.org/10.1200/JCO.19.02309

https://dx.doi.org/10.1016/j.ejca.2019.11.014

Guidelines for the cytopathologic diagnosis of epithelioid and mixed-type malignant mesothelioma: Complementary statement from the international mesothelioma interest group, also endorsed by the International Academy of Cytology and the Papanicolaou Society of Cytopathology. A proposal to be applauded and promoted but which requires updating.
Sheaff, Michael. Diagnostic cytopathology, January 24, 2020,
https://dx.doi.org/10.1002/dc.24318

Marginal zone lymphomas: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up.
https://dx.doi.org/10.1016/j.annonc.2019.10.010

Optimum Imaging Strategies for Advanced Prostate Cancer: ASCO Guideline.
Trabulsi, Edouard J. Journal of clinical oncology : official journal of the American Society of Clinical Oncology, January 15, 2020, JCO1902757
https://dx.doi.org/10.1200/JCO.19.02757
The role of multidisciplinary decision making in oropharyngeal cancer: do we follow guidelines and are treatment decisions being implemented?
Ghazal Asswad, Randa. European archives of oto-rhino-laryngology: official journal of the European Federation of Oto-Rhino-Laryngological Societies (EUFOS): affiliated with the German Society for Oto-Rhino-Laryngology - Head and Neck Surgery, January 8, 2020,
https://dx.doi.org/10.1007/s00405-019-05781-2

Thyroid cancer: ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up.
Filetti, S. Annals of oncology: official journal of the European Society for Medical Oncology, December 2019, 30(12):1856-1883
https://dx.doi.org/10.1093/annonc/mdz400

Ophthalmology

Royal College of Ophthalmologists
Hydroxychloroquine and Chloroquine Retinopathy Monitoring: Lay Summary 2020

Paediatrics

NICE Guidance - Shared learning case study
NICE glue ear care pathway delivered with a free, award winning application (App) called Hear Glue Ear
Cambridgeshire Community Services NHS Trust
Relates to:
CG60 Otitis media with effusion in under 12s: surgery

New onset unilateral arm swelling in a child with periorbital oedema.
Cherfi, Yasmine F Z. BMJ (Clinical research ed.), January 2, 2020, 368:l5988
https://dx.doi.org/10.1136/bmj.l5988

Palliative medicine

Are the MORECare guidelines on reporting of attrition in palliative care research populations appropriate? A systematic review and meta-analysis of randomised controlled trials.
Oriani, Anna. BMC palliative care, January 9, 2020, 19(1):6
https://dx.doi.org/10.1186/s12904-019-0506-6

Pathology

Royal College of Pathologists
Dataset for histopathological reporting of gastrointestinal stromal tumours
https://www.rcpath.org/uploads/assets/6741f729-adf6-4ee6-b06144967e2d734a/g103-Dataset-for-histopathological-reporting-of-gastrointestinal-stromal-tumours.pdf

Pharmacology
Adherence to Consolidated Standards of Reporting Trials (CONSORT) Guidelines for Reporting Safety Outcomes in Trials of Medical Cannabis and Cannabis-based Medicines for Chronic Noncancer Pain: A Systematic Review.
Mohiuddin, Mohammed M. *The Clinical journal of pain*, January 20, 2020, [https://dx.doi.org/10.1097/AJP.0000000000000807](https://dx.doi.org/10.1097/AJP.0000000000000807)

What is the impact of the latest ACC/AHA and ESC/ESH guidelines on the management of hypertension in the UK?

### Physiotherapy

**NICE Guidance - Shared learning case studies**

- **Cerebral Palsy Integrated Pathway - an interprofessional approach** [to prevent and reduce hip dislocation and musculoskeletal deformities in children with cerebral palsy]
  - Dorset County Hospital Foundation Trust
  - Relates to:
    - NG62 Cerebral palsy in under 25s: assessment and management
    - CG145 Spasticity in under 19s: management

- **Healthy Knee Education Group**
  - Central London Community Health (CLCH) NHS Trust
  - Relates to:
    - CG177 Osteoarthritis: care and management

**Guidelines or guideline commentaries published in journals**

- **Where to From Here? Is There a Role for Physical Therapists in Enacting Evidence-Based Guidelines for Weight Loss in Adults With Osteoarthritis Who Are Overweight?**

### Psychiatry

**NICE Guidance - Shared learning case study**

- Dramatherapy group for adults living with psychosis
  - Hertfordshire Partnership University NHS Foundation Trust
  - Relates to:
    - CG178 Psychosis and schizophrenia in adults: prevention and management

### Radiology

**NICE Guidance - Shared learning case study**

- **Cerebral Palsy Integrated Pathway - an interprofessional approach** [to prevent and reduce hip dislocation and musculoskeletal deformities in children with cerebral palsy]
  - Dorset County Hospital Foundation Trust
  - Relates to:
Respiratory Medicine

NICE Guidance - Shared learning case study
Ensuring access to Pulmonary Rehabilitation for a deaf service user
Solent NHS Trust
Relates to:
NG115 Chronic obstructive pulmonary disease in over 16s: diagnosis and management

Guidelines or guideline commentaries published in journals
Corrigendum to: A Systematic Review of Clinical Practice Guidelines for the Diagnosis and Management of Bronchiolitis.
Kirolos, Amir. The Journal of infectious diseases, January 9, 2020,
https://dx.doi.org/10.1093/infdis/jiz600

FeNO Variability When Using Different Analyzers at the Joint ATS/ERS Guideline Cutoff.
Bushe, Chris. Respiration; international review of thoracic diseases, 2020, 99(1):93
https://dx.doi.org/10.1159/000503936

Hariri, Lida P. Annals of the American Thoracic Society, January 16, 2020,
https://dx.doi.org/10.1513/AnnalsATS.201910-801PS

Rheumatology

British Society for Rheumatology guideline on diagnosis and treatment of giant cell arteritis.
Henrotin, Yves. Cartilage, January 2020, 11(1):60-70
https://dx.doi.org/10.1177/1947603518783521

Factors influencing the implementation of evidence-based guidelines for osteoarthritis in primary care: A systematic review and thematic synthesis.
Swaithes, Laura. Musculoskeletal care, January 30, 2020,
https://dx.doi.org/10.1002/msc.1452

Speech and Language Therapy

NICE Guidance - Shared learning case study
NICE glue ear care pathway delivered with a free, award winning application (App) called Hear Glue Ear
Cambridgeshire Community Services NHS Trust
Relates to:
CG60 Otitis media with effusion in under 12s: surgery

Surgery

NICE Interventional Procedures Guidance
Reducing the risk of transmission of Creutzfeldt–Jakob disease (CJD) from surgical instruments used for interventional procedures on high-risk tissues (IPG666)

Guidelines or guideline commentaries published in journals
American Association for Thoracic Surgery/International Society for Heart and Lung Transplantation guidelines on selected topics in mechanical circulatory support.
Kirklin, James K. The Journal of heart and lung transplantation : the official publication of the International Society for Heart Transplantation, January 23, 2020,
https://dx.doi.org/10.1016/j.healun.2020.01.1329
Also published in:
The Journal of thoracic and cardiovascular surgery, January 22, 2020,
https://dx.doi.org/10.1016/j.jtcvs.2019.12.021

Dorman, Jessica R. Interactive cardiovascular and thoracic surgery, January 23, 2020,
https://dx.doi.org/10.1093/icvts/ivz317

Trauma and Orthopaedics

https://dx.doi.org/10.1016/j.jot.2019.10.006

Urology
NICE Guidance - Shared learning case study
Northampton General Day Case BPH service evaluation – adoption of Urolift
Northampton General Hospital NHS Trust
MTG26 UroLift for treating lower urinary tract symptoms of benign prostatic hyperplasia

Guidelines or guideline commentaries published in journals

European Association of Urology Guidelines Office: How We Ensure Transparent Conflict of Interest Disclosure and Management.
Smith, Emma Jane. *European urology*, January 25, 2020,
[https://dx.doi.org/10.1016/j.eururo.2020.01.010](https://dx.doi.org/10.1016/j.eururo.2020.01.010)

Dimitropoulos, Konstantinos. *World journal of urology*, January 14, 2020,
[https://dx.doi.org/10.1007/s00345-020-03078-2](https://dx.doi.org/10.1007/s00345-020-03078-2)

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