This current awareness bulletin aims to support nursing and midwifery staff in keeping up to date with issues of relevance to their day to day work and personal development.

<table>
<thead>
<tr>
<th>Dementia</th>
<th>Midwifery</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Improving care for patients with dementia in the recovery room – Nottingham</strong></td>
<td><strong>Audit of bereavement care provision in UK neonatal units 2018</strong> SANDS</td>
</tr>
<tr>
<td><strong>‘What works’ in dementia education and training?</strong> Leeds Beckett University</td>
<td><strong>Gently stroking babies ‘provides pain relief’</strong> BBC Health News</td>
</tr>
<tr>
<td><strong>Enhancing dignity in dementia</strong> Dignity in Dementia</td>
<td><strong>Antenatal and Postnatal Analgesia (Scientific Impact Paper No. 59)</strong> RCOG</td>
</tr>
<tr>
<td><strong>Dementia Assessment and Referral</strong> - October 2018</td>
<td><strong>Interventions during pregnancy to prevent preterm birth: an overview of Cochrane systematic reviews</strong> Cochrane</td>
</tr>
<tr>
<td><strong>NIHR announces £15 million of new dementia research in partnership with the Economic and Social Research Council</strong> NIHR</td>
<td><strong>Diet and exercise can reduce the risk of developing diabetes during pregnancy</strong> NIHR Signal</td>
</tr>
<tr>
<td><strong>Optimism, self-esteem and physical health important for living well with dementia</strong> NIHR</td>
<td><strong>Maternal and neonatal health safety collaborative</strong> NHSI</td>
</tr>
<tr>
<td><strong>Spotting heart problems early could prevent dementia in tens of thousands</strong> NHS England</td>
<td><strong>Investigation into cows’ milk protein allergy and infant formula</strong> RCM</td>
</tr>
<tr>
<td><strong>Antidepressants do not help treat depression in people living with dementia</strong> NIHR Signal</td>
<td><strong>A bespoke training package for midwives at Sheffield Teaching Hospital</strong> NHS England</td>
</tr>
<tr>
<td><strong>Recorded dementia diagnoses</strong> – December 2018</td>
<td><strong>Midwifery-led enhanced recovery following a caesarean section – Leicester</strong> NHS England</td>
</tr>
<tr>
<td></td>
<td><strong>Drive to reduce stillbirths ‘very positive step’</strong></td>
</tr>
</tbody>
</table>
Quality & Safety

National framework for NHS continuing healthcare and NHS-funded nursing care DHSC

The Independent Breast Screening Review 2018 DHSC

Emollient cream build-up in fabric can lead to fire deaths MHRA

CQC calls for a change in safety culture across the NHS to reduce avoidable harm CQC

Care Quality Commission recommendations will bring clarity to patient safety improvement efforts NHS Providers

Risk of harm from inappropriate placement of pulse oximeter probes NHSI

Opening the door to change CQC

Benzodiazepines may increase length of stay and chance of delirium in intensive care NIHR

Signal

Just culture case profiles NHSI

Chief Medical Officer annual report 2018: better health within reach DHSC

How do you ensure robust system risk management arrangements? HFMA

Winter is coming: confidence in the NHS’s ability to deliver safe care this winter NHS Confederation

2018: So what did happen in health and social care? Nuffield Trust

NHS England case studies:
- The Integrated Ward; a journey to improve patient care – Geriatric &

Independent Nurse

European Standards of Care for Newborn Health

One to one antenatal and postnatal support for mental health – Northern Lincolnshire and Goole NHS England

Drug safety update for valproate in pregnancy RCM

Delivering home based phototherapy to babies with physiological jaundice – Whittington Health NHS England

Maternity Services monthly statistics – September 2018

Improving the quality of care for neonatal patients – Great Ormond Street

Spinal surgery for babies in the womb on the NHS NHS England

Birth characteristics in England and Wales: 2017

PreCePT (case study) NHSI

Infection Control

“The gloves are off campaign” Shared Atlas of Learning Case Study NHS England

Wiping out MRSA: effect of introducing a universal disinfection wipe in a large UK teaching hospital BMC Research Notes

The evidence supporting WHO recommendations on the promotion of hand hygiene: a critique BMC Research Notes

Preventing healthcare associated Gram-negative bacterial bloodstream infections (updated) NHSI

Suspicion of sepsis insights dashboard (case study)
stroke medicine, Sheffield

- [Mental health nurses and paramedics to respond together to reduce avoidable hospital admissions](#) – London
- [Implementation of an App for organ donation processes at NHS Blood and Transplant](#)

Equality and human rights can improve care quality  
NHS Confederation

Supporting CQC system reviews: it’s all about experiences and outcomes  
NHS Providers

Managing demand for elective services  
NHS England

Snowed under? Understanding the effects of winter on the NHS  
Nuffield Trust

Clinical guidelines for major incidents and mass casualty events  
NHS England

Registered nurse and HCA staffing levels: the effects on mortality  
Nursing Times

Cardiovascular disease prevention: applying All Our Health  
PHE

Musculoskeletal Health: applying All Our Health  
PHE

Insight report: high intensity users of A&E departments  
Dr Foster

The value of patient support programmes  
NHS Confederation

Transforming elective care services  
ophthalmology  
NHS England

Transforming elective care services: diabetes  
NHS England

Transforming elective care services:  

End of Life Care

Expanding The Serious Illness Care Team: The Conversation Nurse Model  
Health Affairs

Nutrition

Clinically-assisted nutrition and hydration (CANH)  
BMA

Research and Innovation

Enabling NHS staff to contribute to research: reflecting on current practices and informing future opportunities  
RAND

Innovation and evaluation – a proposition for change, an offer of support  
Strategy Unit

Transforming health care in a digital age  
NHS England

The important role technology plays in our wellbeing  
SCIE

Public Health England research 2017 to 2018: annual review  
PHE

Service Improvement

A plan to sustain and scale the new care models  
Health Foundation

Skills advisory panels  
NHS Confederation

Children and Young People

Active lives: children and young people survey – December 2018  
Sport England
dermatology NHS England

Safety huddles NHSI

Emergency department patient safety checklist (case study) NHSI

Getting medicines right NHSI

NEWS (case study) NHSI

People Management

NHS Staff Earnings Estimates - September 2018

NHS Workforce Statistics - September 2018

NHS Sickness Absence Rates - August 2018

Financial incentives improve rates of sustained smoking cessation in the workplace Drugs & Therapeutics Bulletin

Good rostering guide NHSI

Workforce health and wellbeing framework NHSI

Improving staff retention: flexible working NHSI

Improving staff retention: Key conversations to have with your staff NHSI


Safe staffing of nursing associates NHS Employers

Safe, sustainable and productive staffing improvement resource for the deployment of nursing associates in secondary care NHSI

Babies, children and young people's experience of healthcare: guideline scope NICE

On the right course? A review of the quality of care provided to patients aged 24 years and under who were receiving systemic anti-cancer therapy and subsequently died or were admitted to critical care NCEPOD

£1.5m study to test diagnostic tool for child and adolescent mental health NIHR Signal

Safeguarding Early Adopters - Interim Report NCB

RCPCH Workforce briefing – winter 2018

The health impacts of screen time: a guide for clinicians and parents RCPCH

Challenges facing young people House of Lords Library briefing

Children and young people’s mental health – policy, CAMHS services, funding and education House of Commons Library

Mental health services for children and young people Commons Select Committee

Training and Education

Using competency assessment tools to enhance student learning Nursing Times

Updates made to Care Certificate e-learning programme HEE

Bulletins

- NHS Workforce Bulletin – 10 December 2018
- SCIELine eBulletin – 12 December 2018
- NHS Workforce Bulletin – 17 December 2018
- Drug Safety Update – December 2018
- NICE News – December 2018
<table>
<thead>
<tr>
<th>Provider Bulletin – 19 December 2018</th>
<th>New Medicines Newsletter – December 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicines Use and Safety Updates January 2019</td>
<td>Health Protection Report – 4 January 2019</td>
</tr>
<tr>
<td>Provider Bulletin – 16 January 2019</td>
<td></td>
</tr>
</tbody>
</table>

**Improving workforce disability equality in the NHS**

**Leadership**

Keeping connected with your team is key to delivering great care - Anthony Clarkson

Confederation

**Systems leadership in integrated care systems (webinar)**

SCIE

Working beneath the surface: supporting leadership in complex times King’s Fund

**NHS long term plan**

NHS England

**Discussion**

The significance of facial shaving as fundamental nursing care Nursing Times

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